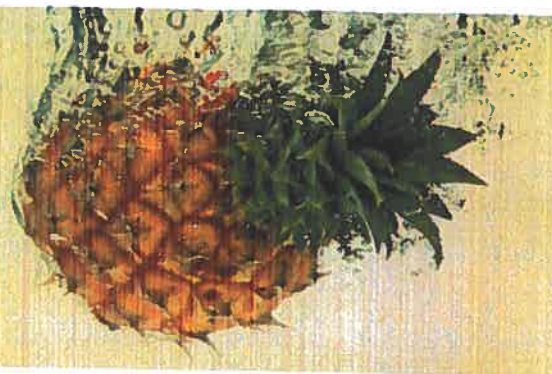


Primary School Menu 2021



WEEK 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Oven baked beef burger or vegetable burger in a bun served with chips & sweetcorn	Margarita pizza served with baked potato wedges & salad	Chicken curry or Quorn curry served with brown rice	Homemade minced beef pie or Quorn mince pie served with creamed potatoes & carrots	Oven baked fish fingers or vegetable fingers served with chips & peas
ALTERNATIVE OPTIONS	Jacket potato or a freshly made sandwich, each with a choice of fillings				
PUDDING	Fresh fruit or Iced chocolate sponge finger	Fresh fruit or Flapjack	Fresh fruit or chocolate brownie	Fresh fruit or raspberry muffin	Fresh fruit or golden coconut cookie

WEEK 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Margarita pizza served with baked potato wedges & salad	Homemade minced beef lasagne or vegetable lasagne served with garlic bread and sweetcorn	Oven baked pork or Quorn sausage served with creamed potato and baked beans	Homemade chicken & vegetable pie or Lentil & tomato vegetable pie served with creamed potato & broccoli	Oven baked battered fish fillet or vegetable fingers served with chips & peas
ALTERNATIVE OPTIONS	Jacket potato or a freshly made sandwich, each with a choice of fillings				
PUDDING	Fresh fruit or Oat crunch biscuit	Fresh fruit or Fruit jelly	Fresh fruit or chocolate muffin	Fresh fruit or iced lemon sponge finger	Fresh fruit or chocolate shortbread biscuit

Medical prescribed diets will be catered for and items subject to availability

FRESH food matters



North Tyneside Council